Broken Windows



A fun game that will definitely test your students' reflexes to the max!

Game Type: Physical Education

Recommended Ages: 6+

Number Of Players: Whole class

Equipment Required: Ball

Where To Play: Indoors/Outdoors

Duration: 5-10 minutes

How To Play

Step One: Make a circle with all students touching their feet with their neighbours. Students should have their feet at least shoulder width apart. The gap between their legs is called a 'window'.

Step Two: The aim of Broken Windows is to roll the ball through another student's legs or 'window'. Choose one student to start and give them the ball. That student begins the game by rolling the ball toward another student's window; they can not roll the ball toward either of their neighbour's windows however.

Step Three: Students must roll or bounce the ball. They can protect their windows with their hands. If the ball goes through a student's window they become a 'broken window'. They can not protect their window anymore and become a spectator.

Step Four: A student can also become a 'broken window' if they roll the ball through a 'broken window', moving their feet or rolling the ball through the gap between two other students.

Step Five: The last student without a 'broken window' is the champion however I have NEVER finished a game of Broken Windows *HINT: Regularly allow 'broken windows' to be repaired and rejoin the game to keep the fun level at maximum!*

Variations

Double Ball: In this variation, add an extra ball (or more) to turn the challenge dial up to 11!